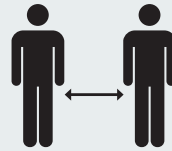


CORONAVIRUS CASES ARE RISING ACROSS LONDON

FOLLOW PUBLIC HEALTH ADVICE WHEREVER YOU GO



Wash your hands regularly



Keep 2 metres apart from people you don't live with



Wear a face covering in indoor public spaces, unless you're exempt



Don't socialise in groups of more than 6



**LOCAL COVID LEVEL
HIGH ALERT**



Take extra precautions if you need to visit vulnerable people



Only socialise indoors with people you live with or those in your bubble



Work from home if you can



Travel less



You can socialise outdoors with people who are not in your bubble or household in groups of up to 6

LOOK OUT FOR SYMPTOMS



New, continuous cough



High temperature



Loss of, or change to, your sense of smell or taste

GOT SYMPTOMS? STAY AT HOME AND GET TESTED

Request a test online at
nhs.uk/coronavirus

OR CALL 119